

Safety guidelines

LONDON SPORT ACADEMY

Parents/Carers Guidelines

- Please notify the gym if you or any member of the household show symptoms after attending and appropriate action will be taken.
- To be COVID compliant and to safeguard the children, parents/carers will not be permitted to enter the building. If you wish to speak to one of the Admins, please wait until your child has been taken into the gym. The Admin at the door will then be able to speak with you.
- Apparatus and toilets will be regularly cleaned between classes.
- Coaches will be instructing and demonstrating following social distance guidelines while children are spread out on their allocated place.
- All children will be dismissed from the fire exit doors at the rear of the gym. They will be brought by club's welfare officer (with all their belongings).
- Wait for your child in a socially distanced manner.
- Please ensure they are collected promptly. Coaches will be unable to chat as they must collect their next group. Any children not collected on time will be taken back to the Admins Table.
- To enable these classes to run efficiently, please arrive and collect promptly.
- Please ensure your child has been to the toilet before you leave home.
- Gymnast should arrive changed into their gym clothes and hair in a neat bun.
- Gymnasts must remain socially distanced at all times.
- Gymnasts will be required to sanitise their hands when they arrive and when they leave. Though we have this facility, if each child brings their own, time will be saved.
- No apparatus sharing is permitted , please make sure your child brings all their gymnastics equipment with them .
- If any gymnasts presenting Covid-19 symptoms they must follow the government guidance and remain at home.Children must bring their own water bottle.

Social Distancing Guidelines



