



# LONDON SPORT ACADEMY

## COACHES CODE OF CONDUCT

### **1. General**

The Coaches' Code of Conduct is designed to support the club's child protection policies. It works in conjunction with the club procedures and British Gymnastics coaching guidelines. It exists to promote a safe and enjoyable gymnastics experience for all members of London Sport Academy.

1.1 The Coach listens and follows directions of a Head Coach and Director.

1.2 In coaching Coach must follow the Club and British Gymnastics guidance.

1.3 The Coach must be an example of professionalism, impeccable reputation and contribute to the formation of a favourable atmosphere.

1.4 The Coach should refrain from eating, smoking and using a mobile phone for personal purposes while working.

1.5 The Coach must be polite, friendly and show tolerance and respect when communicating with colleagues and members.

1.6 When working the Coach should wear the Club uniform and the coach's appearance should be need.

1.7 The Coach has no right to disclose confidential information received during work.

1.8 The Coach has no right to disclose confidential information about the Club members.

1.9 Before starting a training session, the Coach must ensure that the training area complies with the health and safety rules and regulations.

1.10 In case of non-compliance, the Coach must notify the administrator.

1.11 The Coach must immediately inform the Administrator about any situation threatening the life and health of members.

1.12 Always being publicly open when working with gymnasts. Coaches should avoid working alone and unobserved with an individual

1.13 Taking care when providing manual support, only BG advised techniques for spotting and handling should be used

1.14 If a group of gymnasts need to be supervised in the changing rooms coaches should supervise in pairs

1.15 Coaches should never take a gymnast home with them, or to any other secluded place.

1.16 Similarly, coaches should avoid transporting gymnasts or, where the need arises, explicit permission from the parent/guardian should be sought and the coach should try to take more than one child, and where possible another adult.

1.17 Never engaging in rough or sexually provocative games.

1.18 Never making suggestive remarks to a member – even in fun.

1.19 Doing things of a personal nature for a child that they can do for themselves including assisting them in changing rooms or toilets.

1.20 Sharing a bedroom with an individual gymnast on overnight excursions – in this instance coaches should supervise in pairs where possible supervising groups of children.

1.21 The coach should at all times be concerned for the safety, well-being, protection and future of the gymnast.

1.22 The Coach must adhere to the rules of professional ethics and rules of business conduct.

1.23 The Coach must be with the gymnasts at the competitions or any Club event.

1.24 The Coach cannot conduct any private sessions without the consent of the Director.

1.25 The Coach should avoid the conflict situations that could affect his/her reputation and reputation of the Club.

1.26 The Coach must refrain from public judgements and assessments regarding the performance of the Club/coaches/members/Director.

1.27 The Coach must refrain from any kind of statements and actions of a discriminatory nature based on gender, age, race, nationality, language, citizenship, social marital status, sexual orientation, political or religious preferences.

1.28 The Coach must refrain from being rude, offensive, arrogant, prejudiced or inappropriate.

1.29 The Coach should refrain from threats, offensive language and actions.

1.30 By his service behaviour, the coach should contribute to the establishment of business relationships and constructive cooperation in the team.

## **2. Prohibitions**

2.1 The Coach is prohibited from acting on behalf of the club without the permission of the director.

2.2 The Coach is prohibited from using teaching methods related to mental and physical violence in his work.

2.3 The Coach is forbidden to carry out propaganda in the interests of political and religious organisations.

2.4 The Coach is prohibited from missing work without a valid reason (in case of illness, he must notify the administrator)

2.5 The Coach is prohibited from merging or changing training groups without the permission of the director.

2.6 The Coach is prohibited from conducting training sessions outside the club without the consent of the director.

2.7 The Coach is prohibited from collecting money from the gymnasts' parents.

2.8 Never have any gymnast under 18 years old, or an individual over 18 years old for whom they have responsibility for, as a friend or contact on their personal phone, social media or other electronic communication facility.

2.9 Never contact a gymnast under 18 years old or an individual over 18 years old for whom they have responsibility for, on their personal phone, social media or other electronic communication facility.

2.10 Decline any friend request made by any gymnast under the age of 18 years old or an individual over the age of 18 years old for whom they have responsibility for.

2.11 Not post any remarks, photographs, or videos that are derogatory or inappropriate or could be disparaging or embarrassing to the Club, it's staff, volunteers, Gymnasts or other gymnastics clubs on any social media facility.

2.12 Coaches and officials may not use photos and videos of gymnasts relating to the any of London Sport Academy club's (branches) on their personal or work social accounts.

2.13 Never communicate with a child, young person or protected adult under the age of 18 years old via social media, chat room or other electronic communication unless prior consent has been given by their parent, carer or guardian.

2.14 Decline any friend request from a child, young person or protected adult under the age of 18 years old made via social media, chat room or other electronic communication unless prior consent has been given by their parent, carer or guardian.

2.15 Not post any remarks, photographs, or videos that are derogatory or inappropriate or could be disparaging or embarrassing to the Club, it's staff, volunteers, Gymnasts or other gymnastics clubs, in any social media facility.

2.16 Not ask a coach, official, volunteer or helper to be your friend on a social networking site. They are in a position of trust and have a duty of care to your child and will therefore be in breach of Club Guidelines and Code of Conduct if they accept the request.

2.17 Always remember that anything that is said or shared via social media, chat rooms, text messages, emails or other electronic communication including photographs, pictures and videos may be shared with people, other than for those whom it was intended. Once something is posted / sent it is no longer in your control.

2.18 Never post or send photographs, comments or videos which may be hurtful, untrue or upsetting and you may regret sharing later on.

2.19 Not put pictures or names of other club members on personal sites which directly or indirectly mention London Sport Academy.

2.20 Never place a comment on the internet or via any other electronic communication that you would not say to the individual concerned. To do so, you may not only be in breach of our Club and British Gymnastics Policy but also the law.

### **3. Coaches Responsibility**

The Coach is responsible for:

3.1 the life and health of the gymnasts during training sessions, competitions and any other events.

3.2 violation of labour and financial discipline.

3.3 failing to meet standards in athletic training.

3.4 violation of the rights and freedoms of members.

3.5 violation of the Coaches Code of Conduct.

3.6 the use of mental and physical violence.

3.7 coercion or use of prohibited means and methods.

3.8 the established facts of corruption.

3.9 the disclosure of confidential information or actions that potentially contribute to disclosure.

3.10 violation of the requirements for the protection of personal data. 3.11 the preservation of the image and business reputation of the club.

3.12 the implementation of propaganda in the interests of political parties and religious organisations, propaganda of cruelty, violence, racism and nationalism.

3.13 committing an immoral act incompatible with the continuation of coaching.

**Additional Information:**

**Welfare Officer:**

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**British Gymnastics:**

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